



COPPER TRACE

Family-first Senior Living
from CarDon

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A TRUE SENSE OF COMMUNITY

For senior living with the security of on-site care, Copper Trace provides a lifestyle that will inspire you. From the moment you walk through the doors, you'll feel the warmth of family and home – friendly faces, inviting spaces and familiar comforts.

Copper Trace combines casual elegance and the comforts of home with a vibrant lifestyle. Copper Trace is close to many area amenities—entertainment, shopping, restaurants and much more—which is especially convenient for residents and visitors. Hospitals, physicians' offices and a number of specialized medical services are nearby, making our location the perfect complement to our progressive approach to senior living and care.

Copper Trace brings the family-first philosophy shared by CarDon communities throughout Indiana to Westfield, Zionsville, Carmel and surrounding areas on the north side of Indianapolis. It is this CarDon philosophy that inspires the compassionate healthcare services and exceptional living options Copper Trace offers: assisted living, short-term rehabilitation, specialized memory care and long-term skilled nursing care. At Copper Trace, our goal is to exceed the expectations of our residents and their families.

Putting family first in all that we do:

Assisted Living

Long-term Care

Rehabilitation

Memory Care





ENRICHING THE EVERYDAY -
Assisted Living

A little extra help means something different for everyone — but at Copper Trace, it always means individualized care that doesn't interrupt life. Starting with a personalized care plan in which each resident and their family are directly involved, we'll provide just the right amount of assistance, right when you need it.

Assisted Living Services and Amenities Include:

- Private apartment rental
- Three delicious restaurant-style meals served daily
- All utilities (including phone and cable television)
- Free WiFi in every apartment
- 24-hour emergency call service including pendants and 2-way voice communication
- Weekly housekeeping
- Weekly flat linen service
- Washer and dryer in every apartment
- Social, cultural, and educational programs and activities
- Scheduled transportation for outings and medical appointments
- Licensed nurse on-site 24 hours a day
- Individualized care assessment and development of personalized service plan
- Apartment maintenance

SPECIALIZING IN SUPPORT -
Memory Care

Supported by specially trained staff and an innovative design for care, those facing memory loss challenges are able to enjoy life more at Copper Trace. Individuality is celebrated with 24-hour support, for safe surroundings that encourage a better quality of life each day.

Memory Support Services and Amenities Include:

- Private suites with full bathroom and shower
- 24-hour care provided by licensed staff members trained specifically in working with individuals with memory loss
- Three family-style meals served daily, plus snacks
- Medication administration and management
- Secured outdoor courtyard
- Innovative Nurse Call System
- Daily scheduled activities
- Housekeeping and personal laundry service
- Assistance with insurance matters
- Medicare, Medicaid and most insurances accepted

MAXIMIZING CAPABILITIES -
Skilled Nursing and Rehabilitation Care

Enabling residents to reach an optimum level of functioning, while exceeding their expectations — and that of their loved ones — is the goal of our Specialized Therapeutic and Rehabilitative Services (STARS) program at Copper Trace. When long-term care is needed, our skilled nursing services continue to focus on meeting each resident's individual needs.

Rehabilitation services include:

- Private suites
- Individualized care assessment and personalized care plan
- Physical, speech, occupational and respiratory therapies
- Large therapy gym
- Three delicious meals daily, plus snacks
- Beauty salon and barbershop
- Ongoing advice and counsel for resident and family
- Home transition area
- Daily planned activities and programs
- Medicare, Medicaid and most insurances accepted

FAMILY FIRST -
A Unique Approach to Care

Family first is our philosophy at Copper Trace, an approach that goes back to 1977, when CarDon & Associates was first established. As a member of the CarDon family of senior living communities, which now extends throughout south-central Indiana, Copper Trace encourages family members to become involved with each resident's personal care plan.

Throughout every level of care we offer — assisted living, rehabilitation, long-term care and memory support — we ensure a better quality of life each day for our residents, by treating them as we would our own loved ones. So regardless of needs, every individual is able to get the most out of each day.



The CarDon family: Kathy, Stephen, Dan and David